



ACTION STATION

PureFarm Lab

What to do after the experiment ends.

You planted a seed and tracked it growing. Here's what comes next: habits to practice at home, and organizations already doing this work.

IN THIS GUIDE



Home Habits



Groups to Join



A Pledge



KEEP GOING

Keep Going At Home

Small habits, kept up over time, matter more than any single experiment.



Keep a Windowsill Garden

Herbs and greens grow well indoors, all year, in a sunny window.



Save Your Seeds

Dry out seeds from what you grow and save them for next season's planting.



Buy Local When You Can

Ask a parent to pick up something from a farmers market instead of the store.



Use Up the "Ugly" Ones

Lumpy or odd-shaped fruits and vegetables taste just the same. Don't let them go to waste.

A NOTE FOR GROWN-UPS

These habits work best when they're part of the routine, not a one-time thing. A weekly reminder is all it takes to keep them going.



GET INVOLVED

Take It Further

Ready for more? Here's how to bring what you learned to the people around you.



Join 4-H

A nationwide club with gardening and farming programs built for kids your age.



Visit KidsGardening.org

Project ideas and activities to keep growing, all year round.



Start a Grow Club

Team up with friends to plant, tend, and harvest together.

My Pledge

I pledge to help grow food by _____

SIGNATURE

DATE



Learning sustainability should be sustainable.